

## ADVENT SUNDAY (November 29<sup>th</sup>) AND THROUGH THE WEEK

- **Worship online**

We will begin by lighting the first candle on the Advent ring.

The candles and readings enable us to trace the promises and waiting for God's coming.

This week we remember Abraham, and other heroes of the faith/ Like Sarah and Moses who can inspire us on our faith journey.

For young families, using a children's Bible, you could light a candle and read a little section each day from the story of Abraham and Sarah (in Genesis), even moving on to Isaac and Jacob. See what works.

You could end with a short prayer responding to the story: 'Lord, when things are difficult, help us to trust you like Abraham did. Amen'.

- **Worship outside**

Now could be the time to connect with the wonderful world that God has made. Some ideas to start you off:

- wrap up warm and go out in the garden or visit the park.
- put on wellies and splash in puddles or mud
- go star gazing or watch the moon
- climb a hill or high building and enjoy the view

You could start out with this prayer: 'Lord God, we're coming to look at your universe' and on returning pray: 'Heaven and earth are full of your glory'.

- **Worship at home**

This week the windows on Advent calendars start being opened. A family collection box can enable a time of giving as well as receiving chocolate.

Why not light a candle each day, praying for the light of God's love and hope to break into our dark world? You might pray the Lord's prayer, emphasising 'your kingdom come'.

